

ASI Mid America Newsletter - December, 2016

Welcome to the first ASIMA Newsletter. As we begin the task of taking on a monthly or every other month Newsletter for ASIMA members, churches and anyone else you would like to share this with, we are asking for your help. We will be asking for comments, feedback and help with articles going forward. Since this is the Inaugural newsletter, things will probably change as we progress, and please forgive any typos or errors that you may find. If you have any projects you are working on or mission related items, please feel free to share them with us. Send your thoughts, ideas and comments to newsletter@asi-ma.org.

We sincerely hope you enjoy this and get a blessing from it. We will be sending them out by email to all the members, but feel free to share with your friends, family and churches. They will also be loaded onto our website and stored there for future reference at www.asimidamerica.org

Note From the President – Barbara Taylor

Dear Mid America ASI members,

We are going to begin sending out a newsletter on a regular basis to keep you updated on what is happening within our Mid America ASI Chapter. We encourage each of you to send in any updates you might have on your ministries, your personal sharing experiences and other announcements directly related. As we see His Soon Appearing approaching we must earnestly seek the Lord in what He would have us to do to Share Christ in all aspects of our lives. Have a wonderful, blessed Holiday Season and please keep Mid America ASI in your prayers.

Blessings, Barbara Taylor, Mid America ASI President.

Sharing Christ in the Marketplace

Seeking testimonies of your stories sharing Christ in the Marketplace which is what ASI is all about. Please send any testimonies to newsletter@asi-ma.org.

Upcoming Events

We have several exciting upcoming events. The first is a Rally in Omaha, NE on March 3 and 4, 2017. Shelly Quinn from 3ABN will be the main speaker. We will be having our ASIMA convention in Denver again this year April 27 – 30, 2017. The main speaker will be John Bradshaw from "It Is Written". The convention will be at the Plaza Hotel in Northglenn, Co and the theme is "Before it's Too Late" John 9:4. We will also be having a rally at the Golden Church in CO sometime early spring and the date on that is TBD. We will be sending out Save the Date Flyers next week on these events so be watching for them and please share with everyone you know.

ASIMA Ministry Highlight

HeReturns

The HeReturns ministry began in 2010 for the main purpose of doing projects that were impossible for us to do, principally mass evangelism. We wanted to do projects that were beyond our resources and abilities, projects that only God can do. The time is short and we wanted to reach large numbers of people by God's grace. Starting with three founding members, we now have a staff of eight that has branched into multiple ministries, as a 501c3 organization and an ASI international organization member.



As a 3ABN affiliate, a principle ministry of HeReturns is to help spread 3ABN to many more cities. Every community requires Adventist mass media programming. There are simply too many people to reach without it. In the cities, many live in locked residences or are in offices, and cannot be personally reached even if there were enough workers. The Three Angels Message must go everywhere, else the mission cannot be completed. And that requires mass media in the cities. We are currently on the air in Kansas City, offering 3ABN 24x7 on free TV. And we are next targeting the major cities of Chicago, Atlanta, and Miami. We also plan to expand to cable and radio by God's grace.

Some of our other activities include Bible prophecy seminars and weekly Bible chapel services. Also, HeReturns presents sacred music concerts combined with inspiring messages to encourage and uplift. As part of our health evangelism ministry, we offer lifestyle coaching, seminars, and training in the natural laws of health, coupled with a clear focus on God's Word. And as part of our media production ministry, we are producing prophecy and health programs for Omaha TV and the internet.

We also provide publishing consulting and support services especially in Africa and the Middle East. Our publishing leader is traveling to Kenya, Ethiopia, Tanzania, Rwanda, and Oman in November and December 2016, with additional trips in 2017, to help expand publishing. One of our staff is also learning Arabic and training to be a Middle East missionary. In the US, one of our staff is also involved in ministry to Muslims and prison ministry.

Please check out our website at HeReturns.org. And we encourage you to dream big for souls for eternity. God's blessings to you!

Health Nugget

Turmeric is a spice that comes from the turmeric plant. It is commonly used in Asian food. You probably know turmeric as the main spice in curry. It has a warm, bitter taste and is frequently used to flavor or color curry powders, mustards, butters, and cheeses. But the root of turmeric is also used widely to make medicine. It contains a yellow-colored chemical called curcumin, which is often used to color foods and cosmetics.

Turmeric is used for arthritis, heartburn (dyspepsia), joint pain, stomach pain, Crohn's disease and ulcerative colitis, bypass surgery, hemorrhage, diarrhea, intestinal gas, stomach bloating, loss of appetite, jaundice, liver problems, Helicobacter pylori (H. pylori) infection, stomach ulcers, irritable bowel syndrome (IBS), gallbladder disorders, high cholesterol, a skin condition called lichen planus, skin inflammation from radiation treatment, and fatigue.

It is also used for headaches, bronchitis, colds, lung infections, fibromyalgia, leprosy, fever, menstrual problems, itchy skin, and recovery after surgery, and cancers. Other uses include depression, Alzheimer's disease, swelling in the middle layer of the eye (anterior uveitis), diabetes, water retention, worms, an autoimmune disease called systemic lupus erythematosus (SLE), tuberculosis, urinary bladder inflammation, and kidney problems.

Some people apply turmeric to the skin for pain, ringworm, sprains and swellings, bruising, leech bites, eye infections, acne, inflammatory skin conditions and skin sores, soreness inside of the mouth, infected wounds, and gum disease.

Turmeric is also used as an enema for people with inflammatory bowel disease.

In food and manufacturing, the essential oil of turmeric is used in perfumes, and its resin is used as a flavor and color component in foods.

Don't confuse turmeric with Javanese turmeric root (*Curcuma zedoaria*).

How does it work?

Turmeric contains the chemical curcumin. Curcumin and other chemicals in turmeric might decrease swelling (inflammation). Because of this, turmeric might be beneficial for treating conditions that involve inflammation.



Recipe

When I became a vegan 4 years ago, one of the things I really miss this time of year is good old eggnog. Here is a great vegan substitute for you during the holidays. Enjoy!

1 ½ cups unsweetened almond milk

2 medium pitted dates, soaked

2 medium frozen bananas, ripe

½ tsp natural vanilla extract

¼ tsp ground cinnamon

⅓ tsp ground nutmeg

Pinch of ground cloves

Pinch of sea salt

Blend for 60 to 90 seconds in a blender

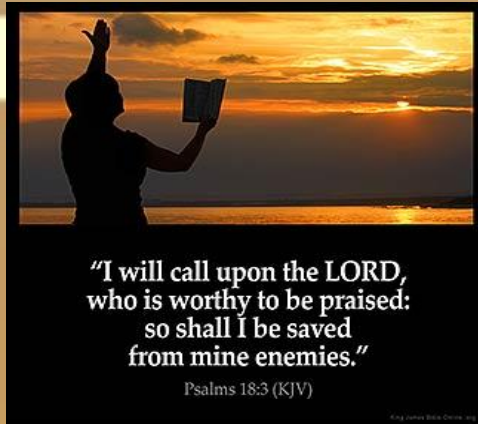


Scripture Reading

Ps. 91: 1 – 7

He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty. I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust. Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence. He shall cover thee with his feathers, and under his wings shalt thou trust: his truth shall be thy shield and buckler. Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day; Nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday. A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee.

Inspirational Thought



As we move closer to the Mark of the Beast Crisis and the Time of Trouble, these words from The Great Controversy p. 626 – 627.1 are a great source of comfort:

As the decree issued by the various rulers of Christendom against commandment-keepers shall withdraw the protection of government, and abandon them to those who desire their destruction, the people of God will flee from the cities and villages, and associate together in companies, dwelling in the most desolate and solitary places. Many will find refuge in the strongholds of the mountains. Like the Christians of the Piedmont valleys, they will make the high places of the earth

their sanctuaries, and will thank God for the “munitions of rocks.” [Isaiah 33:16.] But many of all nations, and all classes, high and low, rich and poor, black and white, will be cast into the most unjust and cruel bondage. The beloved of God pass weary days, bound in chains, shut in by prison bars, sentenced to be slain, some apparently left to die of starvation in dark and loathsome dungeons. No human ear is open to hear their moans; no human hand is ready to lend them help.

Will the Lord forget his people in this trying hour? Did he forget faithful Noah when judgments were visited upon the antediluvian world? Did he forget Lot when the fire came down from Heaven to consume the cities of the plain? Did he forget Joseph surrounded by idolaters in Egypt? Did he forget Elijah when the oath of Jezebel threatened him with the fate of the prophets of Baal? Did he forget Jeremiah in the dark and dismal pit of his prison-house? Did he forget the three worthies in the fiery furnace? or Daniel in the den of lions?

“Zion said, Jehovah hath forsaken me, and my Lord hath forgotten me. Can a woman forget her sucking child, that she should not have compassion on the son of her womb? yea, they may forget, yet will I not forget thee. Behold, I have graven thee upon the palms of my hands.” [Isaiah 49:14-16.] The Lord of hosts has said, “He that toucheth you, toucheth the apple of his eye.” [Zechariah 2:8.]

Though enemies may thrust them into prison, yet dungeon walls cannot cut off the communication between their souls and Christ. One who sees their every weakness, who is acquainted with every trial, is above all earthly powers; and angels will come to them in lonely cells, bringing light and peace from Heaven. The prison will be as a palace; for the rich in faith dwell there, and the gloomy walls will be lighted up with heavenly light, as when Paul and Silas prayed and sung praises at midnight in the Philippian dungeon.